Malawi excels on UNAIDS 95-95-95 treatment and viral suppression targets

Malawi accelerates progress to reach epidemic control — a tribute to resolve, resilience and perseverance of health teams, government, donors and partners.

The Elizabeth Glaser Pediatric AIDS Foundation (EGPAF)

As we celebrate this milestone, EGPAF will continue to support Malawi to sustain these gains and end HIV by 2030. We will continue to design, test, and scale implementation models and innovations that will further reduce new infections, support lifelong care, and ensure innovations in diagnostics and therapeutics will accelerate the end of HIV.
88% OF MALAWIANS WHO ARE HIV-POSITIVE KNOW THEIR STATUS

EGPAF initiated Malawi’s first ever prevention of mother-to-child HIV transmission (PMTCT) program in 2001 and scaled up access to adapted Option B+ WHO guidelines, following Malawi’s decision to offer ARVs to every pregnant woman living with HIV in the country, regardless of viral load. Within one year, pediatric infections reduced by 60% in Malawi. We have increased greater access to antenatal, labor and delivery testing among pregnant women throughout the country.

Now, nearly 90% of women living with HIV in Malawi are accessing treatment.

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From October 2012 to September 2021, EGPAF tested over 1,086,000 pregnant women for HIV and started over 72,000 on treatment.

Scaled provider initiated testing in all clinics and as new infections and individuals at risk reduced – EGPAF nimbly shifted to implement an index case testing approach at scale, enabling those of unknown status greater access to testing.

This approach has linked over 9,000 individuals living with HIV to treatment from October 2018 to September 2021, this approach identified over 21,805 new HIV infections contributing up to 22% (21,805/99,539) of all individual testing HIV-positive and linking over 90% (19,700) of those individuals to treatment.

EGPAF focuses mainly on the secondary distribution of HIV self-testing (HIVST) kits through facility distribution models targeting partners of index clients in ART, ANC, and STI clinics.

EGPAF distributed over 112,500 HIVST across nine supported districts from January 2019 to September 2021.

Introduced male-friendly clinics (MFCs), staffed by only male providers, and offered weekend services, as well as a male-friendly service package that includes screening for other diseases (STIs, diabetes, and hypertension) as well as HIV testing and referrals. Additionally, supported men’s adherence clubs: a differentiated service delivery model geared toward alleviating men’s barriers to treatment.

Over 2,000 men accessing treatment and health care through the male clinic model.
HIV TREATMENT: 97% OF THOSE WHO KNOW THEIR HIV-POSITIVE STATUS IN MALAWI ARE ON TREATMENT

Working with Malawi’s MOH, EGPAF teams provide patient-centered, clinically efficient service models to address biomedical and psychosocial support for patients in their journey of HIV care.

EGPAF supports **304,300 recipients of HIV care** (alive and currently on treatment) as of June 2021

CLOSING THE PEDIATRIC TREATMENT GAP

EGPAF has actively trained and mentored health staff on treatment access and management needs of children and adolescents.

**14,000 children** are currently receiving treatment in Malawi through EGPAF

Supported teen and children’s clubs to boost psychosocial support among children and limit the effects and barriers of stigma, and discrimination.

**Over the last year alone nearly 4,000 adolescents** are actively receiving care in teen clubs

Created a holistic environment for children to access and remain on treatment, by linking schools, clinics and communities through the Red Carpet Project.

**Over 3,400 adolescents** are actively engaged in these peer support groups
SUSTAINING THE GAINS FOR GEN Z

With a burgeoning youth population and a growing rate of infections within this age group, EGPAF-Malawi is tailoring services for adolescents and youth populations.

Through the DREAMS initiative, with access to sexual reproductive health education and services, gender-based violence support, EGPAF empowers adolescent girls through comprehensive sexual and reproductive health services, to remain HIV-negative and to remain on treatment if HIV-positive.

 Reached over 18,509 young people with youth friendly health services, which includes STI screening, HTS and support for gender-based violence.

Scaling up use of pre-exposure prophylaxis (PrEP) within youth-friendly health services for at risk young people.

RESILIENT HEALTH SYSTEMS

EGPAF maximized program impact and efficiency to accelerate progress toward epidemic control through aggressive data use, evaluation, quality management and quality improvement. EGPAF has enabled national systems of data to support patient care, labs and policy makers.

Since 2012, EGPAF’s work in Malawi has been funded by the U.S. President’s Emergency Plan for AIDS Relief through the U.S. Centers for Disease Control and Prevention