

# Introduction – HIV, Violence, and Mental Health: CETA Webinar

*Jennifer Hogle, MPH*

*Gender and Youth Team, HIV Prevention Branch*

*Division of Global HIV & TB*

*Centers for Disease Control and Prevention*

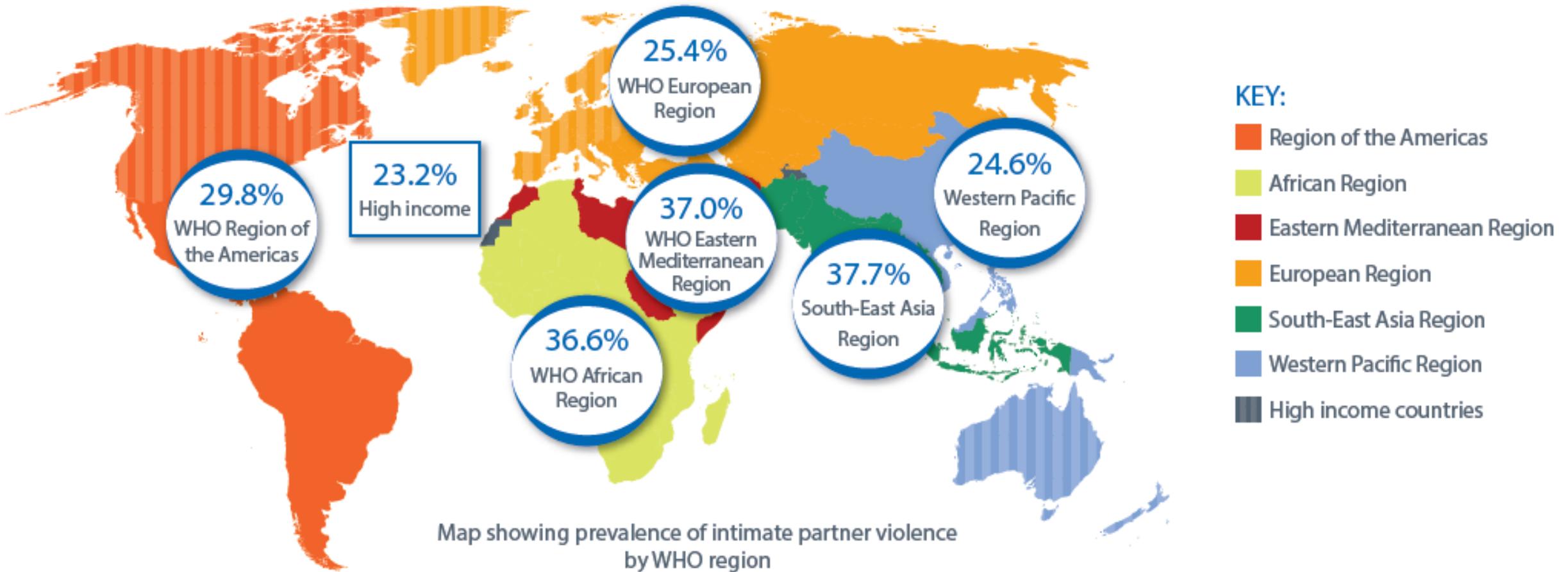
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# Global Data on Gender-based Violence

## 1 in 3 women

throughout the world will experience physical and/or sexual violence by a partner or sexual violence by a non-partner



# Global Data on Violence

## HEALTH IMPACT: Women exposed to intimate partner violence are

### Mental Health

**TWICE**   
as likely to experience depression

**ALMOST TWICE**   
as likely to have alcohol use disorders

### Sexual and Reproductive Health

**16%**   
more likely to have a low birth-weight baby

**1.5 TIMES**   
more likely to acquire HIV and 1.5 times more likely to contract syphilis infection, chlamydia or gonorrhoea

## ALL FORMS OF VIOLENCE AGAINST BOYS ARE SIGNIFICANTLY ASSOCIATED WITH NEGATIVE MENTAL HEALTH

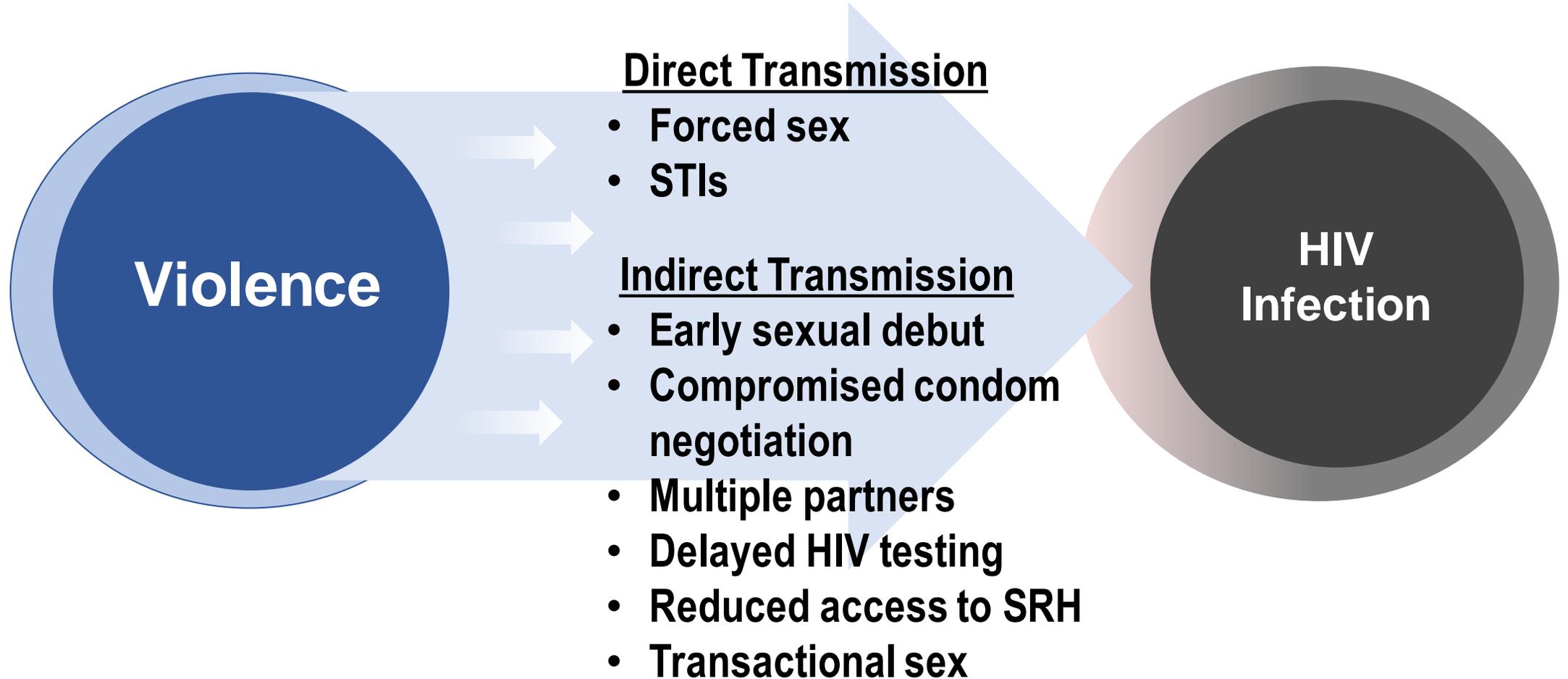


2/3 of boys who experienced sexual violence report mental distress later in life.

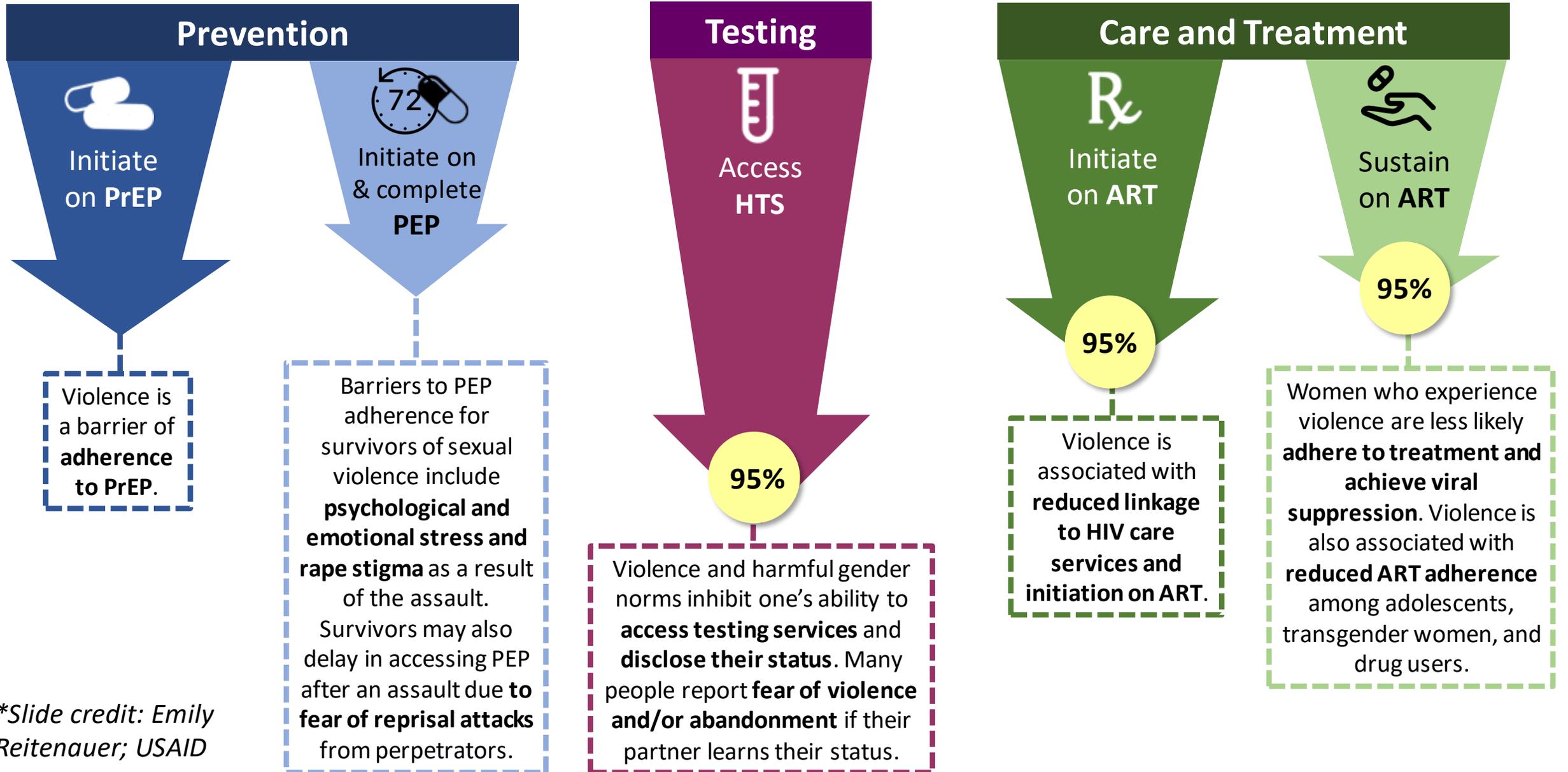
Source: [https://www.who.int/reproductivehealth/publications/violence/VAW\\_infographic.pdf](https://www.who.int/reproductivehealth/publications/violence/VAW_infographic.pdf)

Source: <https://www.togetherforgirls.org/the-issue/>

# Paths Leading from Violence to HIV



# Violence and the HIV Clinical Cascade



\*Slide credit: Emily Reitenauer; USAID

# Mental Health and the HIV Cascade

Persons with preexisting mental disorders, including depression, are at increased risk of HIV infection

Recent findings estimate 24% of PLHIV in sub-Saharan Africa suffer from depression

Mental health conditions impact adherence

One study showed the odds of adhering to care was 83% higher for participants who receive mental health services

## Living With HIV

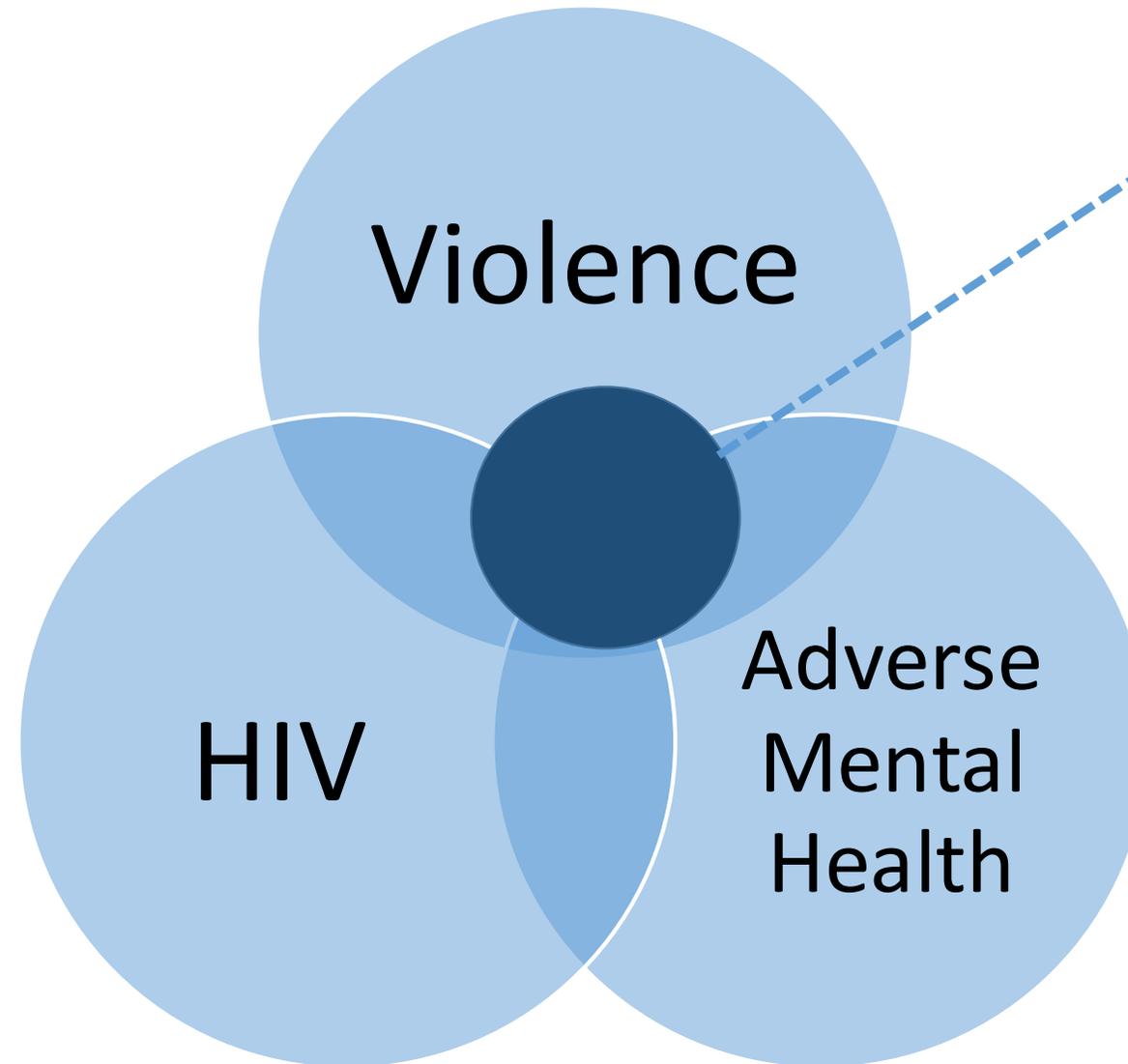
May increase vulnerability and exposure to physical, sexual, emotional, and economic abuse

Disclosure may trigger violence

May increase stigma by partner/family/self

May increase risk for developing mental health conditions

# Syndemic of HIV, Violence, and Mental Health



**Syndemic: Mutually reinforcing interaction of disease and social conditions**

# PEPFAR COP 19 Guidance on GBV and Mental Health Programming

“Mental health services can be integrated into HIV programs across the prevention, care, and treatment cascades.....” Page 391

“Service providers should be trained to screen for and provide low-intensity psychological interventions.” Page 391

“Provide comprehensive and age-appropriate clinical post-GBV care that meet the expressed needs of survivors. This should include... interventions that help improve the mental health and psychosocial functioning of survivors.” Page 312

“Capacitate both providers and IPs on counseling and psychosocial support to better meet the mental health needs of GBV survivors as well as secondary survivors.” Page 313

# HIV Prevention, Care & Treatment, Mental Health and Violence Prevention and Response

